Refined Taste

Antique Gin, the older the better - this can be substituted with no detrimental effect with any clear spirit made locally to those imbibing and wishing to invite the manifestation of this ritual to become an effect upon their path.

If substituted by clear liquor handcrafted by the preparer or applicant(s), an enhanced statement is guaranteed to be made to whatever is called into focus by this intention. Flavorings of natural origin are preferred (instead of artificial ones synthesized in laboratories), though it is noted undeniably by what is observing and queried to influence that the planned effort spent on its behalf is more important than expenditure of monies, and the presence of unnatural chemicals (itself an oxymoron - as anything that exists cannot be unnatural, no matter how it came to be so) is not considered to be an insult or misstep, nor is combining, for instance, a commercially sold but regionally manufactured (not just imported by a locally-owned distributor) clear corn whisky with hand-picked and/or grown herbs and tinctures.

Tonic Water with quinine. It is the quinine in particular here that is of value, as it not only is itself UV responsive, (aiding in preparation and achievement, as this is entirely out of sun or white incandescent lightsource), but a throwback to the original source of these effective steps - approximately a century ago. In the modern world of the twenty-first century, the ubiquity of tonic water containing quinine is not only easy to procure and cheap but, as it traditionally was, already in a perfect ratio as obtained to suit the purposes needed here. It is not recommended to use a derivative of pharmaceutical quinine for these purposes - the average amount of eighty-three parts per million in tonic water being certainly out of the realm of feasible measurement by those about to partake. It is not considered an insult or misstep here to substitute distilled water, though, if so, the water needs to be heated and purified by the users, not store-bought. The only exception to this is the ultra-pure water sold by laboratory supply companies for use in scientific experiments and lab testing.

At no time are any of the ingredients to be held in plastic containers once the ritual has begun - glass, metal, pottery, stoneware, porcelain - anything but the symbol of waste and disposability that plastic represents as cookware and servingware. This is not negotiable with anything that is able to be assistive to one's goals of achievement.

LED blacklights as the only source of illumination from the beginning of preparation to aftermath of consumption. These are cheap and ubiquitous as well as practically and symbolically more efficient, thus less wasteful and a signal of mindfulness. Florescent tubes with purplish film coating will not do here as a substitute. What is being appealed to is not an entity frozen in antiquity being temporarily freed by adventurous architects before being cast away into an encasing pewter bath. Only what is already close and aware, if not already on your shoulder finishing your crossword puzzles in invisible ink, can be of mutual benefit in cases such as these. Recipe requirements are few compared to the benefits hoped for in return. Do not mistake flexibility and a modicum of sympathy for attributes that can be taken advantage of in selfish repose.

A silver shaker and serving container preferred - untarnished not necessary. As previously mentioned, anything but plastic will suffice - though beware of coatings that seal earthenware or the opposite if using wooden utensils and vessels - the former may leach heavy metals into the mixture and the latter may allow adulteration to leach from the unsealed wood, causing unwanted reactions or even miscommunication of intentions. In the most extreme example of unintended chemistry (from unsealed but not untreated wood - the sort inventory pallets or commercial decking is fashioned from) the plea may be heard by that which does not harbor humankind anything but antagonism and malignancy.

Again, nothing incredibly difficult to obtain in the modern era is being asked for - effort is appreciated and reciprocated in kind. If these standards seem too much for one's sensibilities, then they are. Leave this be and move on, quickly, as this fact alone can be seen as insulting to far more than one intellect.

Heavy menstrual flow - straight, not extracted or squeezed from an insert or sponge layer containing cotton fibers. Woven catching fabrics consisting of completely synthetic materials such as, but not limited to, nylon or rayon or polyesters are perfect if a direct capture proves to be impractical. What is being appealed to is not exactly timeless or ancient, but has been cognizant for multiples of generations of humanity, and thus associates cotton with the suffering involved in its production traditionally. Also, garments made of synthetic materials are usually intended through their manufacture to be exceedingly durable - an example of mindfulness of purpose of both the maker and the wearer - qualities appreciated.

The amount needed for the finished preparation is enough to be a visible coloring (darkening, in blacklight), component.

If this is not the first embracement by the users, more than the previous experiences is required. All participants that this is applicable to are required to contribute. A mutual living and working arrangement, at least for a short period of time, may be necessary for a conjunction of menstruation episodes, as storage is not recommended - the visual performance attributes are just as important as the resultant ingredients obtained.

Urine, standard medical 'clean catch' method. An internet search engine or casual conversation with most anyone that has visited a medical clinic a dozen or more occasions in their lifespan will clarify this if not already known. Fresh, not to be stored, and never, ever, to be refrigerated.

It is also important to note that raveling from disposable paper or cotton fibers are to be meticulously avoided in the collection of the ingredients. The necessity of strong UV blacklight will enhance the detection of such during the collection phase....

There is more to this, obviously. It is assumed those engaging in activities such as these described are not complete novices. If questions arise and exist, it is part of my stated occupation as Prophet to answer questions. I am easily found by those who seek.